

Signs of Dermatitis



- Do you know the signs of dermatitis of the hands? Look out for **dryness**, **itching** and **redness** which can lead to **cracking**, **blistering**, **flaky** and **scaly** skin.
- Protect your hands by regularly applying hand moisturiser after handwashing and at the end of each work period. Always wet hands ahead of applying soap, as this is a common problem with drying of nurses' skin.
- Under health and safety law, your employer should have a programme of skin checks in place for nursing staff exposed to the risk of work related dermatitis.
- Report any problems to your manager or occupational health provider.

Who to speak to about work-related skin problems: